



# Death to Diabetes



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## Engineer Overcomes Diabetic Coma, Insulin and 1337 Blood Sugar Level!

**DeWayne McCulley, B.S., E.E.**

Diabetes educator and author of *Death to Diabetes -- The 6 Stages of Type 2 Diabetes Control & Reversal*

DeWayne graduated from Pennsylvania State University with a Bachelor of Science degree in Electrical Engineering and worked as an engineer and product trainer for more than 30 years (with Xerox Corp. and Hughes Aircraft Co.), learning how to analyze and diagnose the root causes behind why complex machines, hardware and software failed. He developed software algorithms, fault trees, GUI interfaces and patents associated with online machine diagnostics to help technicians diagnose and repair electronics and software problems in the lab and the customer's office. Ironically, DeWayne is utilizing that same 30 years of engineering experience working for a wellness service company, where he is designing wellness training programs and conducting wellness workshops and lectures to health-conscious organizations and companies who realize the loss of work productivity and higher health insurance costs are impacting their bottom-line in the business world.

In March 2002, DeWayne, on the brink of death, went into a diabetic coma at Rochester General Hospital with a blood sugar level of **1337** (more than twelve hundred points above normal) and lived to tell about it. DeWayne was able to overcome severe hyperglycemia, two blood clots, pneumonia, high cholesterol, and four insulin shots a day by using his engineering and biochemistry background to repair his body and methodically wean himself off the insulin, Coumadin and other drugs. He lowered his average blood glucose level and his hemoglobin A1C to the normal ranges while losing 50 pounds and reversing his diabetes within 4 months. Today he is still drug-free with his blood glucose and hemoglobin A1C levels remaining in their normal ranges.

Based upon this near-death experience and working with a diabetic support group sponsored by the American Diabetes Association, DeWayne used his background in engineering research, test data analysis, and writing technical reports to help him write the acclaimed book *Death to Diabetes -- The 6 Stages of Type 2 Diabetes Control & Reversal* (ISBN 0977360741). The book (and the diabetes workshops) explain the author's diabetes experience, the root causes of diabetes, and how to use the power of super foods, proper exercise and your inner spirit to beat the disease and its complications – based on a 6-stage model, a 10-step process, specific metrics and wellness protocols, and research from more than 250 clinical studies. The author states emphatically, “You can beat this disease – if you are armed with the proper knowledge, tools and spiritual motivation.” The author's hope is that his book (and workshops) will inspire others the way he was inspired -- by people he never would have met if it weren't for his experience with diabetes.

DeWayne is developing a modular-designed diabetes wellness training program with a focus on behavior modification, proper nutrition, exercise methods, blood glucose testing/analysis, and spiritual health. This training program is designed for healthcare providers to provide as a financial incentive (with a premium credit or deduction) for diabetics to increase their knowledge and take more responsibility for their health. This will help to reduce the healthcare costs for diabetes, which has become the Number 1 chronic and cost-driven disease in America.

DeWayne's workshops focus on his experience with Type 2 diabetes and how he beat the odds. He discusses the root causes of diabetes and how most diabetics *can* beat this disease, which causes the body to slowly deteriorate due to a vicious metabolic doom cycle. Additionally, he discusses the foods that fuel diabetes and the super foods that can break this cycle and reverse the effects of this disease.

### Contact Information (for Workshop Schedule)

PARWEL Wellness Service Company, [www.parwel.com](http://www.parwel.com), 585-413-1237